







# April

## 2017 Elementary Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3  Blueberry Muffin Cheese Stick or Grits & Cheese Bowl Raisins 100% Orange Juice White or Chocolate Skim Milk	4  Maple French Toast Sticks or Grits & Cheese Bowl Fresh Pear Mandarin Oranges White or Chocolate Skim Milk	5  Bear Grahams w/ Vanilla Yogurt or Grits & Cheese Bowl or Banana 100% Apple Juice White or Chocolate Skim Milk	6  WG Chicken Biscuit or Grits & Cheese Bowl Fresh Orange Applesauce White or Chocolate Skim Milk	7  Cinnamon Toast Crunch Cereal Cinnamon Chex Cereal (GF) Cheese Stick or Grits & Cheese Bowl Fresh Apple 100% Grape Juice White or Chocolate Skim Milk
10 	11 	12 	13 	14 
17  Apple Cinnamon Muffin Cheese Stick or Grits & Cheese Bowl Raisins 100% Orange Juice White or Chocolate Skim Milk	18  Mini Maple Waffles or Grits & Cheese Bowl Fresh Pear Mandarin Oranges White or Chocolate Skim Milk	19  Blueberry Pancakes or Grits & Cheese Bowl Banana 100% Apple Juice White or Chocolate Skim Milk	20  Breakfast Grilled Cheese or Grits & Cheese Bowl Fresh Orange Applesauce White or Chocolate Skim Milk	21  Honey Nut Cheerios Cinnamon Chex Cereal (GF) Cheese Stick or Grits & Cheese Bowl Fresh Apple 100% Grape Juice White or Chocolate Skim Milk
24  Banana Muffin Cheese Stick or Grits & Cheese Bowl Raisins 100% Orange Juice White or Chocolate Skim Milk	25  Egg & Cheese English Muffin or Grits & Cheese Bowl Fresh Pear Mandarin Oranges White or Chocolate Skim Milk	26  Bear Grahams w/ Vanilla Yogurt or Grits & Cheese Bowl Banana 100% Apple Juice White or Chocolate Skim Milk	27  Cinnamon Pancakes or Grits & Cheese Bowl Fresh Orange Applesauce White or Chocolate Skim Milk	28  Apple Cinnamon Cheerios Cinnamon Chex Cereal (GF) Cheese Stick or Grits & Cheese Bowl Fresh Apple 100% Grape Juice White or Chocolate Skim Milk

### SCHOOL NEWS

#### Breakfast Meal Price:

K-12	\$1.40
Reduced	\$ .30
Adult	\$2.25
Milk	\$ .50

#### Lunch Meal Price:

K-12	\$2.25
Reduced	\$ .40
Premium(M/H)	\$3.50
Adult	\$3.75
Milk	\$ .50



April 16, 2017

**Nutrition Services**  
Charleston County School  
District  
843-566-8180

[www.ccsdschools.com](http://www.ccsdschools.com)

A variety of fruits and vegetables are offered daily in addition to the items listed.

This institution is an equal opportunity provider and employer.

Make payments easily & safely using [k12paymentcenter.com](http://k12paymentcenter.com)

# April

## 2017 Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Charleston County SCHOOL DISTRICT</p> <p>excellence is our standard</p>				
3	4	5	6	7
<p>Popcorn Chicken w/ Honey Mustard Cup Confetti Rice Steamed Peas Red Apple Mandarin Orange White or Chocolate Milk</p>	<p>Nachos w/ Scoops Spanish Rice Corn &amp; Black Bean Salad Pico de Gallo, LF Sour Cream Lettuce &amp; Cheese Golden Delicious Apple, Pineapple Tidbits White or Chocolate Milk</p>	<p>BBQ Beef Sloppy Joe on WG Bun Sweet Potato Waffle Fries Homemade Pickles Tangerine, Fresh Pear White or Chocolate Skim Milk</p>	<p>Chicken &amp; Waffles w/ SF Maple Syrup Sweet Spinach Salad Warm Cinnamon Apples Fresh Strawberries White or Chocolate Skim Milk</p>	<p>Nardone's Pizza: Cheese or Pepperoni Carrot Pack or Broccoli Cup w/ Light Ranch Cup Fresh Orange, Granny Smith Apple White or Chocolate Skim Milk</p>
10	11	12	13	14
				
17	18	19	20	21
<p>Orange Chicken Brown Rice Sesame Garlic Green Beans Fortune Cookie Pineapple Tidbits Fresh Strawberries White or Chocolate Skim Milk</p>	<p>Grilled American Cheese Sandwich on WG White Bread Homemade Tomato Basil Soup Rosemary Roasted Potato Wedges Golden Delicious Apple Fresh Orange White or Chocolate Skim Milk</p>	<p>Spaghetti w/ Meat Sauce WG Garlic breadstick Steamed Broccoli Fresh Pear Red Apple White or Chocolate Skim Milk</p>	<p>BBQ Chicken Red Rice Butter Beans Fresh Strawberries Tangerine White or Chocolate Skim Milk</p>	<p>Cheeseburger on WG Bun Mayo, Mustard, Ketchup Packet Sweet Potato Waffle Fries Chopped Romaine &amp; Sliced Tomato Homemade Pickles Fresh Pear, Red Apple White or Chocolate Skim Milk</p>
24	25	26	27	28
<p>Teriyaki Chicken Baked Vegetable "Fried" Rice Honey Ginger Glazed Carrots Fresh Orange Pineapple Tidbits Fortune Cookies White or Chocolate Skim Milk</p>	<p>Salisbury Steak w/ Gravy WG Garlic Breadstick Garlic Mashed Red Potatoes Steamed Broccoli Gala Apple, Fresh Strawberries White or Chocolate Skim Milk</p>	<p>Baked Macaroni &amp; Cheese WG Dinner Roll w/ Margarine Cup Steamed Green Beans Granny Smith Apple Tangerine White or Chocolate Skim Milk</p>	<p>Beef Soft Taco on WW Wrap Spanish Rice, Pinto Beans Pico de Gallo, Sour Cream Lettuce &amp; Cheese Fresh Pear, Golden Delicious Apple White or Chocolate Skim Milk</p>	<p>Nardone's Pizza: Cheese or Pepperoni Romaine Garden Salad w/ Light Ranch Cup Red Apple, Mandarin Oranges White or Chocolate Skim Milk</p>

### SCHOOL NEWS

#### Breakfast Meal Price:

K-12	\$1.40
Reduced	\$ .30
Adult	\$2.25
Milk	\$ .50

#### Lunch Meal Price:

K-12	\$2.25
Reduced	\$ .40
Premium(M/H)	\$3.50
Adult	\$3.75
Milk	\$ .50

#### Additional Lunch Choices:

- Chopped Romaine Salad w/ Chicken and Cheese
- Chopped Romaine Salad w/ Cheese
- Turkey Ham & Cheese Sandwich
- PB&J and Cheese Stick

#### Nutrition Services

Charleston County School

District

843-566-8180

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# April

## 2017 Middle/High Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
3	4	5	6	7
Blueberry Muffin Cheese Stick or Grits & Cheese Bowl Raisins 100% Orange Juice White or Chocolate Skim Milk	Maple French Toast Sticks or Grits & Cheese Bowl Fresh Pear Mandarin Oranges White or Chocolate Skim Milk	Bear Grahams w/ Vanilla Yogurt or Grits & Cheese Bowl Banana 100% Apple Juice White or Chocolate Skim Milk	Homemade Chicken Biscuit or Grits & Cheese Bowl Fresh Orange Applesauce White or Chocolate Skim Milk	Cinnamon Toast Crunch Cereal Cinnamon Chex Cereal (GF) Cheese Stick or Grits & Cheese Bowl Fresh Apple 100% Grape Juice White or Chocolate Skim Milk
10	11	12	13	14
				
17	18	19	20	21
Apple Cinnamon Muffin Cheese Stick or Grits & Cheese Bowl Raisins 100% Orange Juice White or Chocolate Skim Milk	Mini Maple Waffles or Grits & Cheese Bowl Fresh Pear Mandarin Oranges White or Chocolate Skim Milk	Breakfast Grilled Cheese or Grits & Cheese Bowl Banana 100% Apple Juice White or Chocolate Skim Milk	Blueberry Pancakes or Grits & Cheese Bowl Fresh Orange Applesauce White or Chocolate Skim Milk	Honey Nut Cheerios Cinnamon Chex Cereal (GF) Cheese Stick or Grits & Cheese Bowl Fresh Apple 100% Grape Juice White or Chocolate Skim Milk
24	25	26	27	28
Banana Muffin Cheese Stick or Grits & Cheese Bowl Raisins 100% Orange Juice White or Chocolate Skim Milk	Egg & Cheese English Muffin or Grits & Cheese Bowl Fresh Pear Mandarin Oranges White or Chocolate Skim Milk	Bear Grahams w/ Vanilla Yogurt or Grits & Cheese Bowl Banana 100% Apple Juice White or Chocolate Skim Milk	Cinnamon Pancakes or Grits & Cheese Bowl Fresh Orange Applesauce White or Chocolate Skim Milk	Apple Cinnamon Cheerios Cinnamon Chex Cereal (GF) Cheese Stick or Grits & Cheese Bowl Fresh Apple 100% Grape Juice White or Chocolate Skim Milk

### SCHOOL NEWS

#### Breakfast Meal Price:

K-12	\$1.40
Reduced	\$ .30
Adult	\$2.25
Milk	\$ .50

#### Lunch Meal Price:

K-12	\$2.25
Reduced	\$ .40
Premium(M/H)	\$3.50
Adult	\$3.75
Milk	\$ .50

#### SNACK PACK OPTIONS:

Must include choice of:  
 2 Grains or 1 Grain & 1  
 Meat/Meat Alternate  
 Fruit  
 Milk

#### Choices are:

WG Pop Tart  
 Nutrigrain Cereal Bar  
 Cocoa Crispy Bar  
 Nature Valley Granola Bar  
 Cereal Pouch  
 Yogurt  
 Cheese Stick

#### Daily Options:

Chicken Biscuit  
 Assorted Muffin

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# April

2017

## Middle/High Hot Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Charleston <small>excellence is our standard</small> County SCHOOL DISTRICT</p>				
3	4	5	6	7
<p>Chicken &amp; Rice Honey Ginger Glazed Carrots Red Apple, Fresh Orange White or Chocolate Skim Milk</p>	<p>Nachos w/ Scoops Spanish Rice Fiesta Corn, Pico de Gallo Lettuce &amp; Cheese LF Sour Cream Golden Delicious Apple, Fresh Strawberries White or Chocolate Skim Milk</p>	<p>BBQ Beef Sloppy Joe on WG Bun Sweet Potato Waffle Fries Butter Beans Fresh Pear, Tangerine White or Chocolate Skim Milk</p>	<p>Chicken &amp; Waffles w/ SF Maple Syrup Sweet Spinach Salad Rosemary Roasted Potato Wedges Red Apple, Fresh Orange White or Chocolate Skim Milk</p>	<p>Chicken &amp; Cheese Quesadilla w/ Siracha Ranch Sauce Corn &amp; Black Bean Salad Pico de Gallo Granny Smith Apple Pineapple Tidbits White or Chocolate Skim Milk</p>
10	11	12	13	14
17	18	19	20	21
<p>Orange Chicken Brown Rice Honey Ginger Glazed Carrots Red Apple, Fresh Orange Fortune Cookie White or Chocolate Skim Milk</p>	<p>Grilled Monterey Jack Cheese Sandwich on Multi Grain Bread Homemade Tomato Basil Soup Rosemary Roasted Potato Wedges Golden Delicious Apple Fresh Strawberries White or Chocolate Skim Milk</p>	<p>Spaghetti w/ Meat Sauce WG Garlic breadstick Steamed Broccoli Fresh Pear, Tangerine White or Chocolate Skim Milk</p>	<p>BBQ Chicken Red Rice Butter Beans Red Apple, Fresh Orange White or Chocolate Skim Milk</p>	<p>Chicken &amp; Cheese Quesadilla w/ Siracha Ranch Sauce Corn &amp; Black Bean Salad Pico de Gallo Granny Smith Apple Pineapple Tidbits White or Chocolate Skim Milk</p>
24	25	26	27	28
<p>Teriyaki Chicken Brown Rice Honey Ginger Glazed Carrots Red Apple, Fresh Orange Fortune Cookies White or Chocolate Skim Milk</p>	<p>Beef Soft Taco on WW Wrap Spanish Rice, Fiesta Corn, Pico de Gallo Sour Cream Lettuce &amp; Cheese Red Apple, Fresh Orange White or Chocolate Skim Milk</p>	<p>Baked Macaroni &amp; Cheese WG Dinner Roll w/ Margarine Cup Steamed Green Beans Fresh Pear, Tangerine White or Chocolate Skim Milk</p>	<p>Salisbury Steak w/ Gravy WG Garlic Breadstick Garlic Mashed Red Potatoes Steamed Broccoli Golden Delicious Apple Fresh Strawberries White or Chocolate Skim Milk</p>	<p>Chicken &amp; Cheese Quesadilla w/ Siracha Ranch Sauce Corn &amp; Black Bean Salad Pico de Gallo Granny Smith Apple Pineapple Tidbits White or Chocolate Skim Milk</p>

### SCHOOL NEWS

#### Breakfast Meal Price:

K-12	\$1.40
Reduced	\$ .30
Adult	\$2.25
Milk	\$ .50

#### Lunch Meal Price:

K-12	\$2.25
Reduced	\$ .40
Premium(M/H)	\$3.50
Adult	\$3.75
Milk	\$ .50

#### Additional Lunch Choices:

Chopped Romaine Salad w/  
Chicken and Cheese

Chopped Romaine Salad w/  
Cheese

Turkey Ham & Cheese  
Sandwich

PB&J and Cheese Stick

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